

# **NORTH TEXAS 2024 STATE CLINIC**

DATE: November 8-10, 2024

LOCATION: Trevino's Gymnastics  
1438 S Interstate 35 E Service Rd  
Lancaster, Tx 75146

EVENT DIRECTOR: Holly Garrington + NTXTT State Committee  
817-213-7099  
hollygarrington@gmail.com

ENTRY LEVEL: USAG registered Athletes **Levels 1-Elite**  
**(Groups will be divided similar to Levels 1-4, 5-7, 8-Elite)**

ENTRY FEE: \$100 per athlete Levels 1-4 only, 1 or all sessions  
(All Level 1-4 sessions will be on Friday Afternoon-evening)

\$130 per athlete (flat fee), for 1 or all sessions  
Levels 5-Elite - Sessions will be Saturday & Sunday

Checks payable to **NTXTT**

**NOTE: Athletes that are multiple levels on events must attend sessions of the level they are on more events. (Example: Level 4TU, Level 4TR, Level 5 DM - They would attend Levels 1-4 sessions only)**

**Mail Payments to:** Brittany Stout  
300 E Haning Street  
Howe, Tx 75459  
**OR** Call to pay by Credit Card  
469-396-8291

ENTRY DEADLINE: **September 28th, 2024 (postmarked by)**  
Entries and entry fees received after the deadline, will be per availability and entry fees are doubled

REGISTRATION: 1) USA Gymnastics Registration system will be used.  
2) NTXTT Google Sheet Form with athlete attending session information

CLINICIANS: Clinicians will consist of a Main Clinician with a Local Coach Assistant of their choice. I will update this information as its is available

Tumbling: Andrew Muzarelli + TBD  
Trampoline: Steven Gluckstein + TBD  
Double Mini: Dez Wagner + TBD

COACHES WORKSHOP: **TBD** - this was for clinicians to go over what they are teaching and answering coaches questions on Friday before clinic sessions. Clinicians can devote their time during the clinic to athletes.

COACHES ROUND TABLE: **Day & Time TBD**  
**w/ Steve Gluckstein + Clinicians**

ATHLETE SESSIONS: **TBD upon final athlete registration**  
**Tentatively: Levels 1-4 will be on Friday with 2 sessions and a break in between. Levels 5-7 and 8-Elite each will have 3 possible sessions to attend between Saturday & Sunday. Schedule is subject to change based on athlete entries.**

\*\* Purpose of the Coaches Workshop is to review what will be taught with athletes and why. This will give more time to our athletes during session and clinicians will not have to take time to go over with coaches during athlete time. Coaches Roundtable is an open discussion of upcoming information, routines and more between coaches and clinicians.

JUDGES COURSES: **Judges Courses will be offered at our State Clinic:**  
Days & Times - TBD

\*\* Note CAT 3 courses are done partially online prior to 2 hour courses in class at the clinic. If you have any questions or concerns, please reach out to Wyatt Moore at 469-486-3123 or [ntxttechnical@gmail.com](mailto:ntxttechnical@gmail.com)

Location at Trevino's Gymnastics  
Registration will be on the USA Gymnastics website soon

COACHES Q & A: During warm up at each session with designated clinicians  
More information will be available before clinic

HOST HOTEL: LaQunita Inn - Red Oak  
508 N Interstate 35 E Service Road  
Red Oak, Tx 75154  
469-807-1619  
Rate and reservation information: TBA

For further information, please contact Holly Garrington, State Chair at 817-213-7099 or email at [hollygarrington@gmail.com](mailto:hollygarrington@gmail.com)