



## **2023 STATE CHAMPIONSHIPS**

- VENUE:** NYTEX SPORTS CENTRE  
8551 ICE HOUSE DRIVE  
NORTH RICHLAND HILLS, TX 76180
- DATE:** April 14-16, 2023
- HOST:** NORTH TEXAS STATE COMMITTEE  
Contact North Texas State Chair Holly Garrington at 817-213-7099 or email at [hollygarrington@yahoo.com](mailto:hollygarrington@yahoo.com) for information or questions.
- COMPETITION:** Levels 1-8 (Tumbling, Trampoline & Double Mini)  
Levels 9-Senior Elite (Tumbling, Trampoline, Double Mini & Syncro Trampoline)
- ENTRY PAYABLE TO:** USA Gymnastics - North Texas
- ENTRY FEE:** \$115 Per Competitor, Flat rate for one or more events  
All athletes must be entered online using the USA Gymnastics competition entry systems by deadline date.

Payments must be received by **March 10th, 2023**

Payments are to be mailed to Holly Garrington

PO Box 261, Rhome, Tx 76078

**ENTRY DEADLINE:** Online registration & payments **MUST be Recieved** by **March 10, 2023**

Entries received after the deadline will be doubled. **NO EXCEPTIONS.**

**INCOMPLETE ENTRIES:** Double Check all entries. Entries received without payment will not be processed. Entry changes or corrections may be made after March 10th but will be charged a \$10 fee per change or correction. Any change or correction made after April 1st, **including onsite**, will be charged a \$25 fee per change or correction. Fees must be paid in order for athletes to compete.

**ENTRIES:** **Mail to: NTXTT**  
**% Holly Garrington**  
**PO Box 261**  
**Rhome, Tx 76078**

**RULES:** USA Gymnastics Trampoline & Tumbling rules from the current 2021-2024 Code of Points along with all errata pages (posted on USAGYM.org) will be used. Please note there are **NO** finals. All age groups are based on the age of the competitor on December 31, 2023.

**ELIGIBLE ATHLETES:** All athletes must be registered with USA Gymnastics.

All athletes must have attended a minimum of 2 eligibility competitions to be eligible to attend North State Championships. All athletes **MUST** attend both the State Championships and Regional Championships, and achieve the National score per event, in order to be eligible to attend the USA Gymnastics JO National Championships (Levels 8-Elite) and the Stars & Stripes Championships (Level 5-7).

**ATHLETE COMP CARD:** Comp cards will be located at the Competition Office

Comp Cards must be turned in Friday, April 14, 2023

by 4pm or prior to the start of competition on Friday.

**ELITE ATHLETES BIO:** All gyms will be contacted by Drew Collins. He will be reaching out to Elite Athletes for their Pictures and Bios to be posted on our Athlete Wall at State Championships

**COACHES INFO:** Only coaches who have completed ALL required courses and have a current USA Gymnastics Competitive Coach membership will be allowed on the competition floor. Please refer to the dress code in the Code of Points. The dress code for coaches will be strictly enforced.

**HOSPITALITY:** Provided by Zuroma Sicilian Bar & Grill

Coaches and Judges meals will be provided on Friday, Saturday & Sunday. A schedule will be sent out by email prior to the event.

**EQUIPMENT:** Ross Athletics

2 – 4 x 4 Eurotramp Trampolines

1 – 6 X 6 Eurotramp Double Mini

1 – New Speith Tumbling Floor

**ADMISSION:** Adults - \$15 per day or \$25 weekend pass (age 13 & up)  
Seniors - \$10 per day or \$18 weekend pass (age 60 & up)  
Children - \$7 per day or \$10 weekend pass (age 3-12)  
Children age 2 and under free

**PARKING:** Parking is FREE

**VOLUNTEERS:** We need your help with volunteers for this competition. All volunteers will receive a one day admission plus a Free T-Shirt to wear while volunteering. Please use Sign-up Genius link below to register to guarantee T-Shirt size.

Any Level 9, 10, and Elite athlete volunteering for a minimum of 2 full sessions, will receive reimbursement of their entry fee. Athletes are required to sign in at competition office each session to receive reimbursement after the competition. All reimbursements will be mailed to the affiliated gym.

Attached is the Link to sign up to volunteer:

<https://www.signupgenius.com/go/20F0E45A4A823A31-ntxtt5>

We greatly appreciate all your support. This meet would not be possible without our volunteer help. NTXTT would like to thank you in advance for your help and for volunteering.

**HOST HOTELS:**

**Hampton Inn & Suites Hurst**

**1600 Hurst Town Center Dr**

**Hurst, Tx 76054**

**817-503-7777**

**Group Name: North Tx Trampoline & Tumbling**

**Rate: \$119 Queen plus tax per night, per room**

**Rate: \$129 Queen w/pull out sofa plus tax per night, per room**

**Includes a Hot Breakfast Buffet**

**Rooms must be reserved March 14, 2022 for this rate.**

**Holiday Inn Express & Suites**

**820 Thousand Oaks Drive**

**Hurst, Tx 76054**

**817-427-1818**

**Group Name: North Tx Trampoline & Tumbling**

**Rate: \$119 Queen plus tax per night, per room**

**Rate: \$129 Queen w/pull out sofa plus tax per night, per room**

**Includes a Hot Breakfast Buffet**