## NTXTT 2018 Level 4 - Elite State Clinic

Date: December 7-9th, 2018

**Location:** The Palaestra

4335 Beltwood Pkwy North

Farmers Branch, Tx 75244

**Host:** NTXTT State Committee

Clinicians: Chauncy Haydon (TU) Andy Franke (TU)

Nuno Merion (TR) Steven Gluckstein (TR)

Amber Franke (DM) Tristan Franke (DM)

**Equipment:** 2 (above ground) Euro Trampolines, 1 (above ground) Ross Trampoline,

1 (above ground) Nissen String Bed Trampoline, 3 (in ground) Ross String Bed Trampolines, 4 (above ground) Black Trampolines, Euro Double Mini with Landing Area, 2 Double Mini's into Foam Pit, 1 Mini Trampoline, 40 X 40' Spring Floor-X, Full Length Rod Floor, 80' Tumble Trak, and the

introduction of the NEW Rod Floor with information from USA

**Gymnastics, Natalie Adams.** 

Cost: \$130 (flat fee – for up to 3 sessions) Payable to NTXTT

**Registration Opens:** October 10, 2018 through USA Gymnastics Online Registration

Regiatration Closes: November 19, 2018

Space will be limited per session, so get your team's entry in early.

**Athlete Sessions:** Session 1 – Friday 6-9pm – Level 7-Elite

Session 2 - Saturday 8:30am-11:30pm - Level 4-6

Session 3 - Saturday 12:30-3:30pm - Level 7-Elite

Session 4 – Saturday 4:30-7:30pm – Level 4-6

Session 5 - Sunday 9am-12noon - Level 7-Elite

Session 6 – Sunday 12:30-3:30pm – Level 4-6

**Coaches Q & A:** Coaches Q & A sessions will be held during the warm up at each session.

A schedule of the sessions will be speaking will be posted prior to the

start of the clinic.

**Judges Courses:** Judges Courses will be offered as follows:

Friday, December 7th – 5pm TU CAT 2

Saturday, December 8th – 8am TR CAT 3

Saturday, December 8th – 12noon TU CAT 3

Saturday, December 8th - 4pm DMT CAT 3

Saturday, December 9th - 7pm DMT CAT 2

Sunday, December 9th - 8am TR CAT 2

Online registration for Judges Course registration can be done through USA Gymnastics at \$45 per course. Registration onsite will be \$50. All Coaches may sit in on any course, without testing, to get the most updated information to prepare for the season.

For questions about Judging, please contact Sigourney Weathers at ntxttentryforms@gmail.com

Host Hotel: Hampton Inn & Suites

4505 Beltway Drive

Addison, Tx 75001

972-991-2800

Rate: \$69.00 per room plus tax

Ask for North Tx State Gymnastics Clinic Room Block

If you have any further questions, please contact Holly Garrington at 817-213-7099 (cell)

972-620-9922 (gym) or email at hollygarrington@yahoo.com